Homerton 7pm at St Barnabas.

Welcome to the 7pm Sunday night meeting of narcotics anonymous at St Barnabas. My name is _____ and I am an addict.

Please can we have a moment's silence for the addict that still suffers both inside and outside of these rooms. … Thank you.

House keeping: toilets.

This would be a good time to turn phones off, or on silent, to minimise any disturbance to the meeting. We also ask that if anyone has drugs or drug paraphernalia that they can take it outside and bring yourself back in, this is simply to protect the meeting space and the group as a whole.

Na is run by addicts for addicts - the only requirement is a desire to stop using. We are not affiliated with any treatment centers and it is possible to get clean in NA meetings. If you are new , it is suggested to attend 90 meetings in 90 days and look for the similarities and not the differences.

This is a “closed” Narcotics Anonymous meeting. Closed NA meetings are only for addicts, or those who think they might have a drug problem. If there are any non-addicts visiting, we’d like to thank you for your interest in Narcotics Anonymous. Our local NA meeting list on the literature table will direct you to an NA meeting in our community that is open to non-addicts.

This is a safe place to share as long as all respect the anonymity of the group. Gossip is damaging to the fellowship as a whole and individual members - if you want to talk about anyone, talk about yourself. Members are also advised you avoid ‘cross talk’ which means we share our own experiences instead of interrupting or responding to other members with advice in sharing time. We are all free to have other conversations before or after the meeting.

Could we have a tradition 7 announcement?

While the pot is going around, could we have some readings?

- **Who is an Addict?**
- **What is the Na Program?**
- **Why are we here?**

The Format of this meeting is that this is now a 1 hour meeting and (**CHAIR**) has kindy come along to share their experience, strength and hope for about 10 - 15 minutes (*or as long as you feel comfortable*). I will then share back briefly, and then open up the meeting for general sharing.

***Chair* and secretary briefly share back**

I will now open up for general sharing. Sharing is by raised voice and is timed at 3 minutes and I will then raise the card for you to wind down. We share our time as well as our experience, so please be mindful of others wanting to share. 10 minutes is set aside for newcomers at 7:45pm for those in their first 90 days, although newcomers can share at any time.

The meeting is now open.

General sharing until 7:45pm

At 7:45pm

We are now in newcomer's time. This is anyone in their first 90 days.

(If no newcomers, announce first 6 months, 9 months and 1 year and if any time left open up the meeting again for general sharing.)

At 7:55pm

Open meeting again for general sharing for last 5 minutes.

At 8:00pm

- We have come to the end of the sharing time, but not the end of the meeting. Are there any NA related announcements? **(Treasurer** / **Literature** / **GSR** / **Newcomer Rep**)
- Ask the **CHAIR** to do keyrings.
- Could someone read 3 of the 12 traditions, please?
- Remember the Anonymity Statement: What you hear here, who you see here, when you leave here, please let it stay here. Gossip is damaging.
- Read just for today
- Thank the committee..

Treasurer: _____
GSR: _____
Literature: _____
Male newcomer rep: _____
Tea and coffee: _____
Greeters: _____
Setter uppers : _____
_____ : _____
_____ : _____
_____ : _____
Co-secs: _____

Everyone for being here
The **CHAIR**

- Please help tidy the church by disposing of your own rubbish and helping stack the chairs. We also need to vacate the room by **8:15pm**, so please continue conversations outside: Thank you!

We do fellowship after this meeting, let's meet outside of you're interested.

Serenity prayer